



NEWSLETTER

CHAMPION MENTORS

BBQ FUNDRAISER

In March, Champion Mentors held its first fundraiser! The Northern Rivers branch managed to raise \$300 to go towards a much needed defibrillator. We would like to thank everyone who came down to show their support and to all the mentors and volunteers who gave up their weekend to help out.



Mentor Bronson at our fundraiser.



A participant catching their first fish.



Participant meeting their heroes.



Participant pursuing their passion.



Participant facing their fears of the ocean.

PARTICIPANT ACHIEVEMENTS

Champion Mentors are extremely proud of our participants and the achievements they have accomplished participating in our programs and activities. Congratulations to all participants for your focus on building life skills and independence. We have witnessed fantastic developments and progress and are excited to see this continue.

Sixteen year old Xavier has a passion for rock climbing. His training regime involves grueling two-hour sessions three times per week where Xavier pushes himself to the limit resulting in him becoming top of the class. Tremendous effort, well done Xavier!

A hike to the top of Mount Wollumbin (Mt Warning) is a four-hour round trip, minimum, and certainly not for the faint hearted. We couldn't be prouder of our 64-year-old participant that recently ticked this off his wish list.

Champion Mentors runs regular 'Activity Days' and one that is very popular especially with our younger participants is kayaking and fishing. Participants enjoy social interaction and enjoyable physical activities and for the Champion Mentors nothing beats watching our participants catch their first ever fish!

One of our participants had the time of his life when he got to meet his heroes when Champion Mentors took him to the Indigenous Allstars Rugby league game at Cbus Super Stadium, Robina.

This is just a snapshot of the achievements accomplished by our participants involved in a vast array of programs and activities run by Champion Mentors all designed to challenge, promote growth and development and above all to bring joy. All of us at Champion Mentors love watching our participants achieve and grow - so very proud of you all!



Team members from Northern rivers/Sydney.

MENTORS FULLY TRAINED FOR COVID-19

Here at Champion Mentors, we are doing all we can to make sure our participants and mentors are safe during this unprecedented time.

All our team members have undergone 'Infection prevention and control for COVID-19' training provided by the Department of Health.

We want to say a massive thank you to all our Champion Mentors for continuing their hard work during this time and continuing to follow social distancing and hygiene rules.

HIKES & WALKS

Hiking continues to be one our most popular activities and has been a signature program of Champion Mentors since its inception.

They say hiking improves the heart, mind, body and soul and we agree completely! It is proven that being immersed in nature is a great stress reliever and Champion Mentors has witnessed this over and over when we take our participants into the beautiful countryside that we live in.

With over 60 hikes completed in the last six months it's safe to say we have found the best locations and we know the best times for our participants to access these walks. Visit us on social media to see some of our favourite spots.



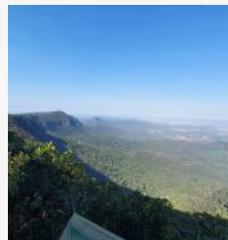
Tallebudgera Valley



Warrie circuit



Springbrook National Park



Springbrook National Park



Twin Falls Circuit



Mt Warning

WE'RE GROWING!

Here at Champion Mentors, we are constantly blown away by the great feedback we receive on our programs and our services.

Our aim is to always provide the best possible experience for our participants and to achieve this, our services are uniquely tailored to each individuals needs.

It has been very exciting launching Champion Mentors in Sydney and Brisbane and watching both our new branches provide the high level of service that we pride ourselves on and which our organisation is built upon. If you would like to hear more about what our two new branches in the cities are offering contact our team today. We loved to talk to you.



Our Sydney and Brisbane branch managers.